Sherman Library Programs/Events

For all programs please register at Sherman Library.org/registration-dropdown or contact slprograms@biblio.org

Adult Programs

The Annual Winter Gala "Crystal Luxe": Dec. 5, 7-10:00pm. Join us at the Sherman Library for our 24th Annual Winter Gala and Fundraiser. Let's celebrate the season as we sip cocktails, enjoy festive fare, sway to live music, and shop the fabulous silent auction. Tickets are $175 and are available at the Library or online at http://www.shermanlibrary.org/gala2026 until Nov. 30. For more information visit www.shermanlibrary.org or contact Executive Director Ashleigh Blake at 860-354-2455 or SLfundraising@biblio.org.

Sherman Artists Open Studios Show 2026: The Sherman Library is pleased to announce a group show featuring the members of the Sherman Artists Association who are participating in the Sherman Open Studios 2026 on December 5 & 6. Twenty-eight painters, photographers, mixed media, fused glass, wood and pottery artists will open their home studios or participate in pop-up studios. Samples of the artist's work will be on display at the library and at www.shermanlibrary.org through January 6, 2027.

Knitting and Needlecraft Group: December 2, 10:00am. Join the Library for a monthly knitting/fiber crafts circle. Knitters, crocheters, and stitchers of all skill levels are welcome. *In-person.*

Classic Book Discussion Group: December 4, 11:00am. *Brideshead Revisited* by Evelyn Waugh, led by Cindy O'Connor. Copies of the book are available at the library. *In-person.*

History of Mystery Book Discussion Group: December 10, 6:00pm. *The Thin Man* by Dashiell Hammet. This group meets every other month. Copies of the book are available at the library. *In-person.*

Drop-in Wrapping Party at the Library: December 10, 6-8pm and December 16, 1-3pm. Join us at the Library where you can wrap your gifts away from prying eyes. We provide the wrapping paper, tape, bows and gift labels along with refreshments and festive holiday tunes. *Registration is encouraged-online.*

Folded Tree Craft: December 11, 1-2:30pm. Join us at the Sherman Library for a fun hands-on adult craft workshop as we make folded paper trees for the holiday season. All materials and instructions will be provided! The workshop will be led by local artist & craftsperson, Pat Corrigan. *In-person. Class limited to 15 registrants.*

Gentle Yoga: December 11, 7:00pm. Join certified yoga instructor, Paul Jaehnig for a session of gentle yoga. *In-person.*

Winter Ornament Class: December 17, 6:00pm. Join us at the Sherman Library for a festive adult craft class as we create retro cookie cutter and paper snowflake ornaments. We supply the materials and instruction to help you create your own seasonal ornaments! *In-person. Class limited to 20 registrants.*

The Music of Dave Brubeck with The Gerard-Hill Duo: December 18, 1:00pm. Join recognized musicians Charles Gerard and Jenny Hill for a concert that will feature some of Brubeck's most well-known compositions as well as Paul Desmond's famous "Take Five". *In-person.*

Book Discussion Group: December 18, 7:30pm. *Foster* by Claire Keegan, led by Pat Corrigan. Copies of the book are available at the library. *In-person.*

Mahjong Club: Every Tuesday, 9:30am. All are welcome from beginners to experts. Socialize with other players as you increase your mahjong skills. Equipment is provided. *In-person.*

Children's Programs

Storytime: Thursdays, 10:30-11:00am. Enjoy stories, songs, and movement activities with Miss Jenny at The Library. *Recommended for ages 0-4, older siblings welcome. Registration recommended.*

Paint-Along Penguins: Wednesday, December 2, 4:30-5:30pm. Join Ms. Jenny to paint a dancing turkey on stretched canvas! *Registration required. Spots are limited. Ages 6+*

Fridays With Friends: Friday, December 11, 10:30-11:00am. On the second Friday of each month. Let the kids have some playtime at the library while parents and caregivers can connect with other adults. *Recommended for infants, toddlers, and preschoolers. Registration recommended and appreciated.*

Animal Adaptations presented by White Memorial Conservation Center: Saturday, December 12, 11;00am. Natural props, animal mounts, mystery items, and LIVE ANIMALS, will be utilized to learn about how animals adapt to their habitats. This program is for children of any age that are interested in animals and nature. Families of children are encouraged to join in the fun too. *Reg. appreciated.*

Communication Issues Surrounding Senior Ctr. and School Projects Arise at Sherman BOS

By Michelle L. Santoro

SHERMAN – Without Selectman Joel Bruzinski, the Sherman Board of Selectmen ("BOS" or "Board") held their regular monthly meeting on Thursday, November 19, in Mallory Town Hall. First Selectman Don Lowe began by reading into the record a letter received from Sherman's Park and Recreation Commissioner ("Park & Rec") Stephen Frattini. The subject of the letter stems from the discussion at last month's BOS meeting regarding the location of and amenities in what will be the new senior center building, and Park & Rec's apparent displeasure at the response from the Board. Frattini's letter expressed reservations against the building as planned and whether it can serve all park goers. The letter noted that the Senior Center Building Committee ('SCBC") has not responded to Park & Rec's July 27, 2026, memorandum. Specifically, Park and Rec seeks a role in deciding the building's location on park property, noting that maintenance of park grounds falls under their purview; they request a provision for water access "to support the many residents who garden in this area;" and, they request the inclusion of an outdoor restroom, with exterior-access only, to serve park users, including gardeners, seniors, soccer players, hikers and other residents, and to save costs on portable toilets.

Members of Park & Rec do not feel their requests/input were taken into consideration by the SCBC; they allege that the SCBC has never invited Park & Rec to its meetings and feel that not only have their efforts to engage and collaborate on this town project not been reciprocated but also appear "to be met with hostility." The letter requested that the Board direct the SCBC to formally respond to Park & Rec's July memorandum and that a joint meeting between the two be scheduled to ensure Park & Rec's requests receive "documented consideration."

Mr. Lowe mentioned he has fielded requests from residents that the Sherman School Board of Education be more transparent with respect to renovations. Residents would like to see regular updates published. Regarding the proposed Senior Center building,

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Mature Lifestyle — Sherman Senior Center (860) 354-2414

Our drivers can pick you up at your home and drop you off. Call for details!

Programs and Events November 27 to December 4, 2026 (RSVP required!)

Know Your Numbers: Mon., November 30, 11-1pm. Reserve a Wellness Check Appointment with an RVNA Health nurse. Let's get your health back on track. Nurses will check your blood pressure, cholesterol, blood sugar, BMI and blood oxygen levels so you can resume your path to wellness. Sign up for your appointment. *Free*

Brain Games and Trivia: Tues., December 1, 12 noon.

Blood Pressure Clinic: First Wednesday of the month at 11:30am.

Hearing Screenings: Fri., December 4, 1pm. Sign up for an appointment. Anthony Malafronte of Hearing Life will be at the Sherman Senior Center on the First Friday of every other month offering free hearing screenings.

Save the Date

Holiday Wreath Workshop: Monday, December 7, 11am. Come decorate a fresh holiday wreath with live greenery. Great Hollow at the Senior Center. Cost $25.

Holiday Craft: Tuesday, December 8, 12 noon. Sponsored by Synergy Homecare and Village of Brookfield Common.

Celebrate Hanukka: Wednesday, December 9, 12:30pm. Come and celebrate with music and stories. All welcome!

Chorus: Wednesday, December 9, 12:30pm. The Sherman School Chorus will perform holiday and Hanukkah music.

Gift Shopping: Thursday, December 10, 12 noon. There will be some small holiday shopping opportunities.

Origami: Thursday, December 10, 12 noon. Join Dirk Fernandez as he instructs us in a holiday themed craft.

Shopping Trips

New Milford Shopping: Tues., November 24. Call for time.**

***Transportation Provided*

Health & Wellness

Walking Group: Monday, Wednesday, and Friday, 9:00am at the Sherman Track. Cancelled Friday, November 27.

Exercise Club: Tuesdays at 11:00am focusing on balance and flexibility. Free **

Chair Yoga with Paul Jaehnig: Thursdays at 11:00am. Transportation provided. Free.

Tai Chi for Beginners: Fridays at 10:30am. This is a video class. According to many studies,the benefits of Tai Chi include: better sleep, improved mood, increased physical energy, more clarity and focus, and reduced depression, stress and anxiety. Come give it a try! *Canceled November 27.*

Nutrition

Senior Dine Breakfast at American Pie: 9:30am. Initial sign-up paperwork required. Meals cost $4 Mondays & Tuesdays. **RSVP** at least a couple of days prior. **

Luncheon: Wednesday, December 2 & 9, 12 noon at the Senior Center. Reserve your lunch a week prior. Transportation provided. Cost $3. *Canceled Wednesday, December 16, 23, and 30.*

Birthday Party: First Wednesday of the month at 12:30pm. (December 2) Join us for cake and coffee. *Free.*

Card Games

Pinochle Club: Monday, November 23, 1pm-3pm. Walk-ins welcomed.

Closings and Cancellations

The Senior Center will be *closed* from Wed., Nov. 25 at 12 noon, through Fri., Nov. 27 for the Thanksgiving Holiday.

Friday, December 4: Camera Techniques class and private tech appointments have been postponed to January 8

Email List: If you would like to be added to our list, please email us SeniorCenter@ShermanCT.gov

RSVP for Programs: 860-354-2414 Ext 1 or SeniorCenter@ShermanCT.gov



