

ProCon’s Sweet Treat event serves up calm before finals

By Brandon Cortés
Features Editor

With finals week approaching, the Programs Council offered students a sweet break from the pressure with their Sweet Treat event, a casual drop-in activity that turned Adanti Student Center Room 217 into a mini decorating studio.

Health science major Amiya Cox, a sophomore, said the purpose was simple.

“This is just before finals distress,” Cox said. “Decorating your own cupcake or cookie with your friends is just something calm before everything gets stressful.”

Tables were lined with cupcakes, cookies, frosting, sprinkles and drinks — all free for students looking for a quick moment of relief.

Students filtered in and out throughout the afternoon, some staying only long enough to grab a treat, while others lingered to perfect their designs.

ProCon members encouraged everyone to take their time, chat and enjoy the break from studying. There were no rules, no judging and no pressure — a deliberate choice, to make the event feel low-stakes and accessible to anyone passing through.

Political science major Alysa Underwood, a

sophomore, said the team wanted to create an activity that felt joyful rather than structured.

“It’s really just about your creative skills,” Underwood said. “We just wanted something fun and relaxing, nothing that adds more pressure.”

The Sweet Treat event is part of a broader series of de-stress activities ProCon organized as the semester ramps up. On Nov. 20, the group hosted Art from the Heart, a painting-based event that helped students release emotions through color and creativity.

Cox said the positive feedback from that program reinforced the need for more events

centered on emotional well-being and small moments of peace.

Across the room, students decorated with intense focus or laughed as frosting dripped off their cupcakes. For many, the chance to do something tactile — to squeeze frosting, swirl colors or arrange decorations — offered a comforting break from screens and textbooks.

The simplicity of the activity made it easy for students to decompress without feeling obligated to stay for a full session.

Organizers said the event also gave commuters, resident students and different majors a chance to interact in a space that

was not academic or rushed. Some students came alone, while others arrived with friends or ended up chatting with strangers over the frosting table.

For ProCon, those spontaneous connections are part of what makes these events worthwhile.

Underwood said creating an environment where students feel welcome — whether they stay for five minutes or an hour — is always part of their planning.

Underwood noted that stress tends to spike as the semester winds down, and light-hearted events like this allow students to reset before diving back into coursework.

Cox said she hoped students left feeling a little lighter, even if only for a moment. Finals, she noted, tend to make everything feel urgent and overwhelming, but ProCon wants students to know there is still room to breathe.

Cox said that events like this are intentionally informal so students do not feel obligated to participate in a structured way. By keeping the activity simple and flexible, ProCon hopes students will feel comfortable dropping in even for a few minutes between classes and study sessions.

“It’s just about having a moment to enjoy yourself,” Cox said.

The greatest ‘momager’ to ever live

By Solé Scott
Editor-In-Chief

Kris Jenner is the best manager in the business, and there will never be anyone like her again. The way she constructed all six of her children’s careers to make them each a millionaire or billionaire without having notable talents is magnificent.

She deserves her own star on the Hollywood Walk of Fame and to be on the cover of Time magazine.

I was scrolling on TMZ one Monday morning in the newsroom and stumbled upon an article about Jenner’s 70th birthday party, which was filled with popular celebrities and powerful figures. This made me think just how far she has come.

I did some background research to learn more about the life of Kris

before she and her family hit our television screen in 2007.

She was a flight attendant briefly for American Airlines and she managed a children’s store owned by her mother and grandmother.

Jenner was married from 1978–91 to lawyer Robert Kardashian, who is best known for representing O.J. Simpson in his murder trial in 1994.

So already, I see how she formed connections early on through her first marriage and her second marriage with Olympian Bruce Jenner.

She already set the foundation by being a socialite in the 80s and 90s and forming relationships with Kathy Hilton, Nicole Brown Simpson and many more in Beverly Hills.

Each daughter became a distinct brand, all while

feeding into the family’s collective visibility. This multi-layered approach is now standard in influencer culture.

When Kim’s sextape “leaked” on the internet, Jenner took advantage of her daughter’s embarrassment and launched the Kardashian empire.

A few months after the leak, “Keeping Up With the Kardashians” premiered in March of 2007 on E! and spawned 20 seasons and eight spin-offs.

In 2017, it was reported that the family landed a \$150 million deal to continue filming the series on E!. Now that the show is on Hulu, it has been reported that their signed nine-figure deal is for the first two seasons.

She helped launch Kendall’s modeling career, and look at her now, the best paid in her industry.

Jenner also launched the career of her youngest child, Kylie, with her lip kit brand. Again, Jenner took one of her daughter’s insecurities and made it into a billion-dollar empire.

What really distinguishes Kris from other high-profile managers is her ability to evolve. The entertainment landscape shifts constantly, and most celebrities struggle to stay relevant, let alone dominant, for more than a few years.

I am not necessarily a fan of the Kardashians and Jenners, as I have written multiple times over the years.

However, I have the utmost respect for Kris and the talentless children she created into a legacy empire.

She has created opportunity out of chaos and scandals.



PHOTO | GOOGLE
Kris Jenner, the matriarch of the Kardashian family.

Owls Decide: Spotify or Apple Music?

By Brandon Cortés
Features Editor



PHOTOS | LILY RAND
“Spotify because Apple Music sucks.”
-Biology major Olivia Laliberte, a sophomore



“Spotify: you can download music.”
-Biology major Alyssa Bautista, a sophomore



“Spotify because it's just better.”
-Biology major Megan Connolly, a sophomore



“Spotify because it has a student deal.”
-Sport management major Tyler Morrel, a freshman



“Spotify because it’s something I’ve always used.”
-Exploratory major David Niedzialek, a freshman



“Spotify, mostly because it has more music choices.”
-Computer science major Jayden Crenshaw, a freshman