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MAMA ROSA'S WEEKLY SPECIALS

PICK UP OR EAT IN - Cannot be combined with any other offers. Specials Expire 03/04/2025

Appetizers

Onion Rings or Curly Fries... sm $7.00 lg $8.95

Jalapeno Poppers.....sm $7.20 lg $12.15

Fried Calamari.....sm $14.95 lg $21.95

Lunch Specials

Cream of Broccoli..... sm $8.95 lg $11.95

Gorgonzola Salad.....sm $8.50 lg $10.95

Roast Beef w/ Melted Cheese (lettuce & tomato).....hr $7.25 gri. $12.10

Pasta Sausage & Peppers.....sm $11.95 lg $15.95

Dinner Specials

Baked Ziti Alla Napolitana...sm $11.95 lg $15.95

Chicken Marsala or Piccata w/ side of pasta.....sm $15.95 lg $21.95

Veal Genova w/ side pasta..... sm $16.95 lg $23.95

Shrimp Scampi w/ side of pasta.....$26.95

Chef's Special

Seafood Guilana.....$25.95

PIZZA BY THE SLICE ANYTIME!

Buy 2 Large Pizzas, 1 Topping Each, Get a FREE Small Cheese Pizza
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View Full Menu:

Upcoming events or parties?
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Mon-Thurs 10:30am- 10:00pm
Fri & Sat 10:30am-11:00pm
Sun 12:00pm- 9:30pm

www.mamarosasnorthhaven.com

Thank You First Selectman Mike Freda For Job Well Done at State of the Town Address

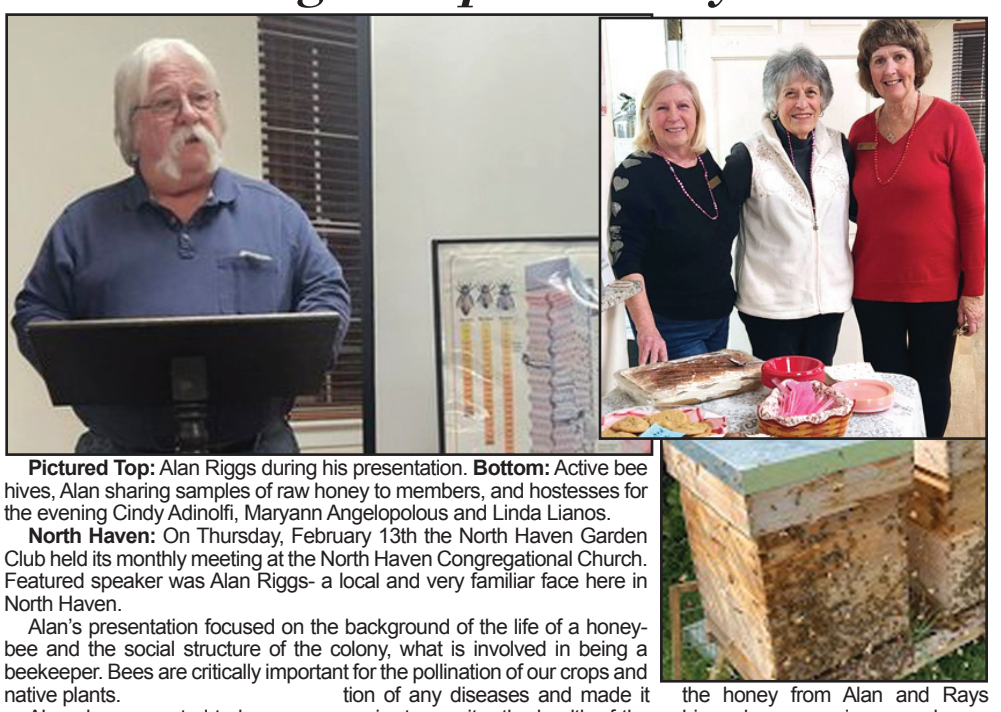


Pictured (L-R): John Bau - Director of Career Development - Quinnipiac University; Renee Miller - Executive Director - Quinnipiac Chamber of Commerce; Stephen Longobardi - Owner - Candid Group; Lou Dagostine - Partner - Ciulla & Donofrio; Mike Freda - First Selectman - Town of North Haven; Mike Kiwanis - Operations Director - New England - Sims Metal; Gary Ciarleglio - VP Sales - Quinnipiac & Greater New Haven Chamber of Commerce.

North Haven: Thank you to Michael Freda for a job well done at the Quinnipiac Chamber of Commerce's First Selectman Mike Freda State of the Town Address presented by Ciulla & Donofrio, LLP and North Haven Funeral Home at Quinnipiac University North Haven Campus on February 19th. First Selectman Freda gave a terrific overview of town policy regarding public safety, infrastructure, housing, taxation and economic development. The Town of North haven is a shining example of a well run municipality in New Haven County.

Thank you to Major Sponsor: Ulbrich Stainless Steels & Special Metals, Inc., Event Sponsors: Sims Metal, Kamco Supply Corp of New England., and Candid Group.

North Haven Garden Club February Meeting Recap on Honey Bees



Pictured Top: Alan Riggs during his presentation. **Bottom:** Active bee hives, Alan sharing samples of raw honey to members, and hostesses for the evening Cindy Adinolfi, Maryann Angelopolous and Linda Lianos.

North Haven: On Thursday, February 13th the North Haven Garden Club held its monthly meeting at the North Haven Congregational Church. Featured speaker was Alan Riggs- a local and very familiar face here in North Haven.

Alan's presentation focused on the background of the life of a honeybee and the social structure of the colony, what is involved in being a beekeeper. Bees are critically important for the pollination of our crops and native plants.

Alan always wanted to become a beekeeper. Some 20+ years ago he discovered that his friend, Ray Sola had started beekeeping a year earlier and Alan joined him in that endeavor. Alan and Ray currently have about 100 hives around the New Haven area.

If you are purchasing honey form a local store, make sure it is pure raw honey. Much of the honey sold in grocery stores is processed so much that all the nutrients and everything good is gone. Its always best to find a local bee keeper to purchase honey. You can travel to any state and find raw honey. To treat allergies local honey is the best, just a teaspoon a day.

The first bee hive was developed in 1851 by Lorenzo Langstroff and his design is still in use today. He is known as the father of beekeeping. He discovered that design enabled bees to avoid sealing passages that are 1/4" which allowed him to create frames that leave the honeybees separate. This allows for easy removal of the frames for inspection of any diseases and made it easier to monitor the health of the colonies. The design allowed bees to fill old combs with new honey which increased production. Today 75% of bee hives are his design.

Honey has 2 harvest times, spring - end of June, and fall, the later being smaller than spring harvest. Bees can fly up to 5 miles in search of pollen. When a good source is found the bees do "the bee dance". If you google it you will see how cute it is. The dance gives the other bees in the hive the precise location of the nectar source.

The queen lays over 1500 eggs a day, laying 1 per cone, and she lives from 1-3 years. She stops laying eggs in the fall when it gets too cold. The bees retreat to the bottom of the boxed hives and keep the inside temperature around 97 degrees. They accomplish this by clustering around the queen and flapping their wings to keep her warm. Its all pretty fascinating.

One of the highlights of the evening was that everyone who wished to had a chance to sample the honey from Alan and Rays hives by squeezing raw honey onto a teaspoon.

Light refreshments were served by hostesses Cindy Adinolfi, Maryann Angelopolous and Linda Lianos, with the table arrangement provided by Dianna Ramadei. Cindy also made cute candy valentines for members to enjoy.

FUND FACT-over 150 commercial crops depend on bees to pollinate them. Honeybees are well known for pollinating almond and lemon trees, watermelon plants, okra and a multitude of others. But native bees are estimated to pollinate 80 percent of flowering plants around the world.1 of every 1/3 of what we eat depends on pollination.

Don't forget to check out The North Haven Garden Club on Facebook for lots of useful and entertaining information and pictures of all our club does in our great town of North Haven! For membership information please email Italia at italia_a@comcast.net. Article and photos by Cindy Golia

Edward Smith Library
3 Old Post Rd., Northford

UPCOMING FEBRUARY EVENTS

To register for events at the library, visit the Events Calendar at our website: https://northbranford.librarycalendar.com/ or call (203) 484-0469.

Read Between the Vines Book Club: Thurs., Feb. 27, 6-8pm. Rose Vineyards & Winery, 2 Valley Rd., North Branford. Join us once a month for our adult book club. Our selection for February is *The Warm Hands of Ghosts* by Katherine Arden. Pick up a copy at Smith or access the eBook version on Libby/Hoopla/Palace. Come to Rose Vineyards for a fun and lively discussion with other members in our community. Participants must be age 21+.

Monday Night Mah-Jongg: March 3, 6-8pm. Those interested in playing Mah-Jongg are invited. Participants should bring their Mah Jongg sets.

Tots and Tunes: Tuesday, March 4, 10:30-11am. A half hour of songs, stories, and movement. Recommended for ages 18 mos. & up, with a parent or caregiver. Siblings welcome. Drop-in program; registration not required.

SMITH LIBRARY CAN HELP YOU CONNECT WITH IRS TAX ASSISTANCE

Need help filing your income taxes? The IRS Volunteer Income Tax Assistance (VITA) program offers free help in preparing and filing state and federal income tax returns, for those in need.

The North Branford Public Libraries can help you connect with this IRS program. Call Smith Library for contact information of the VITA Coordinator.

VITA is not an in-person program - all returns will be completed virtually by IRS-certified preparers working remotely.

• Clients must have a valid email address to send and receive tax documents.

• The library can help you scan any documents, including last year's income tax return(s) and any forms showing income and potential deductions.

• The library will not email client documents to the volunteer tax preparers - clients must use their own email accounts.

Call Smith Library at (203) 484-0469 for the tax preparer's contact information.

The library also has copies of federal 1040 and 1040-SR tax forms, and CT-1040 state forms.

Garden Club of Woodbridge Meeting

The Garden Club of Woodbridge meeting on April 1st will have a presentation by Kelsey Fisher, Ph.D regarding "Meadow Gardens." Kelsey is a scientist who researches insect movement and dispersal ecology, pollinator conservation and agriculture pest management.

Location is the Woodbridge Town Library, 10 Newton Road, Woodbridge and will run from 7-9pm. Open to the public with a $5 guest fee.

For more information, please contact Mary Jane: wpurcell@snet.net.

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FOR SALE: Work light, LED, new, battery or 12V car adapter with 10 ft. cord, magnetic base $10; (203) 606-0932

WANTED: WWII Vets, immediate cash for all German helmets, hats, daggers, flags, medals, uniforms, patches. Collector will beat all dealer offers; (203) 932-0750 •

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FOR SALE: L-shaped desk with matching wooden filing cabinet, cherry wood, legal & letter size $350 or best offer; call (203) 430-2829 •

FOR SALE: Shotgun, rifle & handgun carrying storage cases, quilted canvas and rigid plastic $10, $25 each. No firearms. No ammo. (203) 815-4994 •