Wallingford Garden Club Visits Skyview Rehab Center For October



Pictured: WGC group with their painted white pumpkins Crissy Besaw, Sue Surato, Joellen Nellums, Cheryl Solomon and Betty Wilson.

Wallingford: The Wallingford Garden Club visited the Skyview Rehab Center on Oct 21st to present a fall craft project. Twelve residents came to paint designs on small white pumpkins.

Meanwhile WGC members Joellen Nellums and Sue Surato hand carved a bigger orange Pumpkin which was given to the residents of Skyview. A fun and enjoyable day for all.

This WGC Healing, Therapy and Senior Gardening Program is chaired by Crissy Besaw.

Assisting in this program were Cheryl Solomon, Sue Surato, Joellen Nellums and Betty Wilson.

Wallingford Garden Club is a member of The Federated Garden Clubs of Connecticut, New England Garden Clubs, Inc and National Garden Clubs, Inc.

Photo by Betty Wilson

Rep. Yaccarino Joins North Haven Students For Citizenship Food Drive Pick-Up



North Haven: State Representative Dave Yaccarino joined students from Mr. Smith's Civics Class at North Haven High School today to collect donations for the school's Citizenship Civics Food Drive, an effort organized to support local families facing food insecurity ahead of Thanksgiving.

Rep. Yaccarino praised the students for their leadership, teamwork, and compassion.

"These students give me so much hope for the future," Yaccarino said. "They worked hard, stayed focused on helping others, and showed exactly what good citizenship looks like. I'm grateful to Mr. Smith for guiding them and for inviting me to be part of such a meaningful project."

The class organized the drive to highlight civic responsibility and the importance of community service. Rep. Yaccarino helped the students gather and package donations that will be delivered to local families in need.

Today's visit was one stop in what Yaccarino described as a busy and inspiring day - starting with the high school, followed by a visit to Green Acres Elementary to welcome Connecticut's Kid Governor, Tessa Hallain, during her visit with 5th-grade students, and later visiting the North Haven Senior Center to meet with staff and seniors and to hear updates on ongoing programs that support older residents.

Rep. Yaccarino then brought all food drive donations to the North Haven Community Services Department, which maintains the town's food bank. Robert Snurkowski met Rep. Yaccarino to receive the items and expressed appreciation for the students' efforts and their impact on local families.

"Wherever I went today - from seniors to students - one theme was clear: North Haven is filled with people who care deeply about one another," he said.

Yaccarino also shared a brief message ahead of the holiday:

"As we head into Thanksgiving, I want to thank the people of North Haven for everything you do to make this town such a strong and caring community. Let's continue to look out for one another, be good to each other, and remember those who may need a little extra support this season."

Thank you, and Happy Thanksgiving.

Daytime Gardeners Prep For Wreath Fundraiser



North Haven: Members of the Daytime Gardeners of North Haven are busy preparing materials to be used for their custom-designed wreaths. The gardeners make efficient use of time by preparing materials that can be made in advance so they are ready to be assembled when the fresh greens arrive from Canada. They work with pinecones, glass ornaments, and hand-made bows so they are ready to use.

Orders are being taken now for custom-designed holiday wreaths, table arrangements, and swags. We offer holiday designs for home and business decorating! Wreaths are available in 24" outside diameter ($40). Need something smaller? Swags ($15) are the perfect fit for small doors or special locations or choose a table arrangement in a decorated glass vase for $20. Order now and choose the style and color to coordinate with your home or business. Wreath styles are available as Traditional or Glitzy!

Do you need cards for thank-you notes, invitations, or just for sharing news? Our holiday note cards featuring our beautiful wreaths are available in a set of 5 cards for $12.00

Proceeds are used to support community projects such as the gardens at the intersection of Washington Avenue and Route 22, and the Blue Star Memorial on the Town Green. To order or discuss details, call the Daytime Gardeners at 203-721-4382. Order by December 2, and your wreath will be available by Dec. 7, 2025.

Text and photos by Sally Brockett.



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Question & Answer - Dr. Richard Durocher

Q: What is a bunion and what can be done about it?

A: A bunion is a bump that is present on the inside of your foot at the level of where the big toe is connected to the foot. It is actually a prominence of a bone at the great toe joint. In most people that great toe and attached bone are in good alignment, but in some people that bone points toward the other foot and the great toe points the other way. This can be painful as it progresses. The pain can be within that joint or on the bump itself. The bump may also have some redness and inflammation caused by irritation from the shoe gear worn, due to the tightness of the shoes.

The bunion can develop slowly from an imbalance of the muscles and structure of the foot. Inherited foot types can also contribute to bunion formation. To help slow the progression of the bunion, orthotics (custom arch supports) may be recommended. Wearing wider shoes can take some pressure off the bump to relieve the discomfort. For moderate to severe cases or when it is very painful surgical intervention is recommended to relieve the pain and realign the great toe/joint.

Contact Dr. Durocher for further evaluation of this condition.



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