Kiwanis Club Members Visit The New Wallingford Police Dept. Headquarters



Wallingford: On Wednesday, April 1st, The Kiwanis Club of Wallingford was given a tour of the new Wallingford Police Headquarters by Captain Michael Colavolpe (pictured far right). Kiwanis Club president, Kaitlyn Flynn pictured second from right says, "We thank Captain Colavolpe and the Wallingford PD, for allowing us to tour this well designed, and greatly needed, state-of-the-art facility! We are proud and thankful for all that the PD does for our community!" Members of the Wallingford Kiwanis attending the tour are pictured; Kaitlyn Flynn, Cindy Semrau, Jan Donahue, Charles Flynn, Kim Flynn, Tony Scafariello, and Tim Wall pictured right to left alongside Captain Colavolpe.

Quinnipiac Launches DPT - Residency Partnership with CT Orthopaedics

North Haven: Quinnipiac University has launched a milestone for its Doctor of Physical Therapy (DPT) program: a formal partnership with Connecticut Orthopaedics as part of an integrated DPT–residency pilot.

This initiative marks the first partnership of its kind to gain approval in the United States between a university and a clinically based residency program, according to data from the American Board of Physical Therapy Residency and Fellowship Education.

The collaboration establishes a new approach to physical therapy education, supporting a more direct transition from doctoral-level academic preparation to clinical residency training.

The pilot program is designed to provide students with a cohesive educational pathway, equipping emerging physical therapists with enhanced clinical skills, specialization opportunities and a strong foundation for long-term professional growth.

The ABPTRFE is the national organization that oversees and accredits post-professional training programs for physical therapists in the United States.

Connecticut Orthopaedics is the largest physician-owned orthopedic practice in New England, providing musculoskeletal care, including sports medicine, joint replacement, spine care, rehabilitation and more. The organization serves patients across Connecticut with locations in Branford, Essex, Cheshire, Fairfield, Hamden, Madison, Milford, Orange, Shelton, Trumbull, Wallingford and Westport.

North Haven Taking Back Unwanted Prescription Drugs - April 25th

On Saturday, April 25th, from 10am-2pm, the Town of North Haven and the Drug Enforcement Agency (DEA) will be teaming up once again to give the public the opportunity to prevent pill misuse and theft by ridding their homes of potentially dangerous expired, unused and unwanted prescription drugs.

This event is open to any residents from any town. Visitors are asked to bring medications for safe disposal to North Haven Fire Headquarters located at 11 Broadway. The service is free and anonymous, with no questions asked. This is the 33rd National DEA Takeback Day, with collection events taking place every April and October.

This is a drive-through drop-off event. Visitors simply need to pull down the driveway of Fire Headquarters and drive around to the back of the building, where they will be greeted by staff to accept the medications. Visitors will be asked to remain in their vehicles and to hand the medications through the window to the staff. Visitors are discouraged from exiting their vehicles or walking up to the disposal tables.

Vapes and other e-cigarette devices or cartridges are also now being accepted; please remove the batteries before dropping these items off for safe disposal.

Items that will not be accepted include syringes, needles or other sharps, inhalers, such as those for asthma, aerosol cans, mercury thermometers, iodine-containing medications and illegal drugs or substances (including marijuana which is still a schedule 1 drug under federal law).

Please leave all medications in their original containers if possible. Cross out the person's name with a black marker to ensure privacy.

For more information, please contact Carla Picard in Community Services at (203) 239-5321 x8504.

Hamden Chamber to Honor Healthcare Warriors on April 16th

The Hamden Regional Chamber of Commerce is proud to recognize outstanding local healthcare professionals at its 6th Annual Healthcare Warrior Awards on Thurs., April 16, at 8:30am at The VUE in Hamden. This inspiring event, presented by Assisted Living Services, will be emceed by Kathryn Hauser, Emmy Award winning Anchor/Reporter at WTNH News 8.

"Our healthcare workers are the backbone of our community, dedicating their time, energy, and compassion to ensure the well-being of others," said Hamden Chamber President Nancy Dudchik. "The Healthcare Warrior Awards allow us to honor those who go above and beyond, recognizing their unwavering commitment to care, healing, and service. Their dedication deserves our deepest gratitude and appreciation."

The Chamber is honored to celebrate the following individuals for their dedication and service:

- **Nursing -** Khalid Lamtaai-Whitney Rehabilitation Care Center
- **CNA -** Alesha Pouncey - Meadow Mills at Whitney Center
- **Social Services -** Shanice Johnson - The Children's Center
- **Healthcare Staff -** Andree Thigpen - Arden Care Center
- **Fire -** Jean Nimba - Hamden Firefighter/Paramedic
- **Fire -** Jaime Bonet - Hamden Firefighter/EMT
- **Police -** Matthew Erff - Central Communications Technician-Hamden Police
- **Healthcare Advocate -** Michael Richardson - Town of Hamden, Senior Center
- **Volunteer -** Richard Davies-Interfaith Volunteer Care Givers of Greater New Haven, Inc.
- **Healthcare Educator/Physician -** Dr. Traci Marquis-Eydman - Quinnipiac University
- **Home Care (PCA's Personal Care Assistant) -** Shannon Prentiss - Assisted Living Services, Inc
- **Home Care (PCA's Personal Care Assistant -** Susan Bone - Assisted Living Services, Inc

Join us! For more information and to register, please visit www.hamdenregionalchamber.com or call (203) 288-6431.

Sponsorship opportunities are also available for this event.

Al-Anon 12-Step Program

Does someone else's drinking trouble you? Do you feel that there is no one who understands your problems? Attending Al-Anon and Alateen Family Group meetings can help.

In Al-Anon, members do not give direction or advice to other members. Instead, they share their personal experiences and stories.

To learn more, browse the website **ctalanon.org**. To find a meeting in CT, please use the Meetings tab at the top of the page. Alternately, calls can be made to 1-888-825-2666.

WANTED: Buying older beer cans, flats, conetops, single cans or entire collections; (203) 915-7662 •

FOR SALE: Michael Jackson doll $90; (203) 631-1804 •

FOR SALE: 3 bikes, mountain style $120 ea.; 3 brand new prehung ext. doors $120 ea.; 4 tennis racquets $25 ea.; (203) 887-7377 •

WANTED: Collector buying any Connecticut Brewery items for Wehle, Hulls, Wiebel, Largay or any other CT Breweries, signs, cans, bottles, etc.; call (203) 915-7662 •



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Question & Answer - Dr. Richard Durocher

Q: Are orthotics beneficial and how do they help?

A: Yes, orthotics are beneficial. Orthotics are custom-made arch supports made from casted impressions of the feet, which fit inside the shoe. They are used to help correct the way a person walks and to relieve excess pressure from certain areas on the bottom of the foot. Each pair is designed to help specific problems that one has with their gait. They relieve pain and help correct biomechanical deformities by modifying the way one walks. For some people such as diabetics, orthotics are cushioned to reduce impact on high pressure areas of the foot. Runners find them beneficial because they adjust the way the foot moves in gait, and increase the range of motion in certain joints. Orthotics can even help reduce or eliminate ankle, knee or lower back pain if the cause is from abnormal walking.

Contact Dr. Durocher to further evaluate your condition and see if orthotics may be beneficial to you.



Dr. Richard W. Durocher,
Podiatrist & Surgeon
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Member of the American College Of Foot & Ankle Surgeons
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The North Haven office is staffed by Dr. Preeti K. Chandhoke & Dr. Jonny Feldman

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