Wallingford Garden Club At Skyview Rehab Center For January



Pictured Top: Wallingford Garden Club members. Bottom: Some of the Dioramas they made.

Wallingford: The WGC visited the Skyview Rehab Center on Jan 20th 2026 to present a 'diorama' craft project. There were 12 Skyview residents ready and excited to begin the fun project designed by Cheryl Solomon, WGC member. Empty tuna fish cans were passed out to the residents to select and glue a winter background circle into the can. They added loose moss and pieces of bark all glued into place. Finally they selected miniature bunnies or squirrels to glue into the design. A wide ribbon was then glued to the outside of their 'can diorama'. A wonderful project and residents enjoyed every moment doing it!

Garden club members assisting Cheryl were Sue Surato, Laura Cannon, Crissy Besaw and Betty Wilson. Additional WGC members helping were Linda Burr and Karla Renaud.

Wallingford Garden Club is a member of the Federated Garden Clubs of CT, Inc; New England Garden Club Inc., and National Garden Club Inc.

Photos taken by Betty Wilson

Sons And Daughters Of Italy Prepares Dinner At Ronald McDonald House



Pictured (L-R) Above: Lodge members preparing dinner at Ronald McDonald House CT are Georgianna Hull, Charlene Logan, Denise Krause, Donna Casciello, Diane Barone and Regina Najarian.

North Haven: On January 21st, members of the Community Outreach committee of the North Haven Sons and Daughters of Italy prepared dinner at the Ronald McDonald House of CT in New Haven. This is part of the RMH Meals From the Heart program. The committee prepared a hearty chicken and vegetable soup, served with rice or orzo pasta. Dinner rolls and dessert were also provided. For more information about the Ronald McDonald House, please visit https://www.rmhc-ctma.org. To learn more about the North Haven Sons and Daughters of Italy, please visit https://northhavenlodge2805.club.

Al-Anon 12-Step Program

Does someone else's drinking trouble you? Do you feel that there is no one who understands your problems? Attending Al-Anon and Alateen Family Group meetings can help.

In Al-Anon, members do not give direction or advice to other members. Instead, they share their personal experiences and stories.

To learn more, browse the website **ctalanon.org**. To find a meeting in CT, please use the Meetings tab at the top of the page. Alternately, calls can be made to 1-888-825-2666.

Have an Afternoon to Spare?

Hamden: If you do, we could use help at Mae's Closet, where gently used equipment is donated and then lent out to people who need it.

Mae's Closet is in Hamden and is a program of Interfaith Volunteer Care Givers. Our goal is to take in wheelchairs, walkers, bath seats, etc. that are no longer being used, sanitize, repair if necessary and then lend out.

If you are interested, please call 475-414-8333 and one of the volunteers will call you back and answer any questions you may have.

Our Journey of Sight Support Group

"Our Journey of Sight" - a low vision/blind support group meets monthly at the West Haven Public Library, 300 Elm St., West Haven, from 10am-noon on the 3rd Friday of the month.

For more information, please contact Richard Howard at (203) 214-7631.

WANTED: Collector wants to buy early historic New Haven County related items, maps, books, engravings, paintings, paper items or actual products; (203) 915-7662 •



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Question & Answer - Dr. Richard Durocher

Q: What causes fungal toenails and how can they be treated?

A: Fungus is common in our environment. High humidity, warmth, moisture and darkness provide optimal conditions for its growth. This atmosphere can be found in some stockings, sock and shoes that people wear. Fungus usually involves a small portion of the nail edge at the onset and spreads slowly under the toenail. To help prevent this condition from occurring one needs to keep toenails trimmed, clean under toenails at the tips, and also keep them dry.

Fungus may cause the nail to thicken and become yellow or brownish. As the fungus grows, foul smelling moist debris can be seen. Build up of debris under the toenail or thickening of the nail may lead to a painful toe, secondary to pressure.

The earlier treatment is started, the better the prognosis. Treatment options depend on the degree and severity of the infection as well as your general health. For mild infections topical anti-fungal medication and periodic reduction of the toenails may be effective. Oral anti-fungal medications are available for the more serious cases. Other treatment options include temporary removal of the toenail followed by application of topical medication.

Call our office for an appointment for further evaluation and preventative measures.



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The North Haven office is staffed by
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