SUBOG DIVES INTO OUTREACH

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Enticed by free food, drinks and sea-themed trinkets, University of Connecticut students floated around the Student Union Lawn Thursday afternoon while getting a firsthand look at the different ways to get involved with the Student Union Board of Governors (SUBOG).

"Dive into SUBOG" showcased the board's seven different committees across four tables, with the majority of the committees displaying nautical-themed signs of their names.



Students representing SUBOG's special events committee get ready to meet potential new members at the "Dive into SUBOG" event on Sept. 17. SUBOG's seven committees attended and recruited new members at the event.

PHOTO COURTESY OF @SUBOGATUCONN ON INSTAGRAM.

First-year Digital Entertainment and Films Chair Edward Underwood, whose committee shared a table with the Major Weekends Committee, said that his group prioritizes catering to a variety of communities on campus.

He said his committee shows three movies each weekend, attempting to "pretty much just try to keep a theme with all of them."

"I try to get recommendations from communities on campus so it feels like people are watching something that they can relate to," Underwood said.

He added that events such as this one and last week's Involvement Fair are key to attracting new members to the different SUBOG committees.

"It's really important to me because it kind of helps people understand how these bigger events work," Underwood said. "You see the people that are running them. We're not really a big board ideally, but when we have people come for the committees and stuff like that it helps the board become bigger, which helps the events run smoother, and helps us get a better idea of what people would like to see."

Upon checking in at the events, students received the chance to spin a wheel to win a prize. Rewards included t-shirts, water bottles and pens. The various tables also gave away various stickers and shoe charms.

After visiting at least three of the four tables and getting their hands stamped at each, students then earned a pair of tickets to order free food from both Lizzie's Curbside and Sip Well.

Third-semester biomechanical engineering student Benjamin Rusate ordered a "Campus Crush" from Sip Well; a dirty soda containing Coke, cherry syrup and vanilla cream.

Though Rusate didn't know about the event before running into a few friends waiting in line, he said he enjoyed learning about the Comedy and Special Events committees.

"Last year, I went to most of the Special Events club, but I never really knew how they were run and anything about that," Rusate said. "Now, being a part of that community and GroupMe, I'm able to know what events are and even help with the planning."

Rusate also said that he was surprised by the number of different committees that form SUBOG.

"I'm definitely more interested in SUBOG as a community," Rusate said. "I didn't know how many subdivisions it had."

Underwood said that bringing in new students early in the year is key to infusing the committees with new ideas.

"Hopefully, we can get a couple more people to join each committee, just so that the meetings are bigger and we can share more ideas," Underwood said. "For me personally, when I do the meetings, I want to hear what other people have to say."

ROUNDTABLE

Best fall activities

Whether you love it or hate it, autumn has arrived. For the Life section, that means stepping outside and eating yummy treats, as well as delving into some other activities. Keep reading to see what we say you can't miss out on this fall.

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There are many different fall activities to take advantage of when you don't have homework or exams. One of my favorites is walking around campus. Not only do I get to feel the fall breeze, but I get to see all the unique colors the trees provide.

Another fall activity I really enjoy is apple picking. If you go home during the weekends, you can visit orchards near your hometown and collect some apples there. There are also orchards near the University of Connecticut, like Crookes Orchard and Dondero Orchards.

One final fall activity I suggest is crafts. As someone who loves crafts, I'm a fan of making art pieces from leaves, pinecones and other fall plants. I also love drawing autumn landscapes and trees that are shedding their leaves. If you're someone who prefers indoor activities, doing similar crafts is highly recommended.

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As a college student, it's important to get off campus to take a break from schoolwork or just get a change of scenery.

During fall, a perfect activity to do that will get you outside and get you some exercise is going hiking. Luckily, Connecticut is home to beautiful forests, state parks, mountains and waterfalls. The fall season is the best time of year to go hiking because of the cool and comfortable weather and the visuals of changing leaves.

Some great spots for walking, hiking and exploring near Storrs are the great variety of state parks in the area. Some spots include Mansfield Hollow State Park, Hop River State Park Trail and Pomeroy State Park.

Connecticut is a beautiful state but even better during the fall, so it's essential to get out and explore to see the fall foliage while you can.

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In the fall, the best activities are ones where you can see nature, smell the crisp air and then end your day eating apple cider donuts or pumpkin-themed treats.

Around Storrs, there are plenty of places nearby that can provide that experience.

Whether it be a hike at Mansfield Hollow State Park or Nipmuck Trail, get some steps and bring a book to read while you enjoy the colors and smells of fall. If you can't travel off campus, bring yourself to Horsebarn Hill and look at the trees that sit behind it.

After your time in nature, head to Stearn's Farm Stand to get some apple cider donuts or head to the Dairy Bar to get some pumpkin ice cream to bask in those fall flavors.

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Fall isn't my favorite season, but I must give it credit for allowing me to do something that the hot, sticky weather of summer and cold, bitter winds of winter don't: sit outside. No matter what I want to do, I do it outdoors.

Despite my aversion to going for runs, jogs and walks, I actually find myself walking around campus in the fall semester, enjoying the breeze and sitting in the sun without later enduring a major sunburn. I've found so many spots to plop down and read a book — benches by The William Benton Museum of Art, stone slabs by the Student Union, Adirondack chairs in the park, the steps of an academic building or just on the grass in a random quad.

Naturally, that brings me to my highest recommendation for a fall activity: reading! The weather permits you to sit outside and enjoy the scenery, and instead of simply gazing at the clouds, you can bury your nose in a book and be transported to another world. Fall is also the season of school stress, so ideally, your activities should help you decompress and reflect.

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Fall brings cooler weather, fair season and Halloween. One of my favorite things to do is to visit Six Flags or Lake Compounce's Halloween events — Fright Fest, as it's called at Six Flags New England, and Phantom Fall Fest at Lake Compounce.

These events are great fun with friends; the heat isn't going to kill you during the day riding rides, then at night it gets spooky! Just wandering around with the scare actors is a blast, and checking out the haunted houses with friends is such a good time. The parks also tend to have some unique food options themed for fall or Halloween.

Then, of course with the sun setting much earlier in autumn, you get, what is in my opinion, the best part: night rides. Catching a night ride on "Boulder Dash" at Lake Compounce is an absolute blast, flying through the woods at over 60 miles per hour in pitch darkness —you cannot see anything, it's great.; Iit's the only place you can do that in New England. Night rides on "Superman: The Ride" and "Wicked Cyclone" are great as well.

Get a group of friends together or tackle both parks solo this fall!



The aftermath of a fall afternoon spent at the apple orchard. UConn students can visit Crookes Orchards or Dondero Orchards for a spot of apple picking.

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78th Emmy Awards

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The 78th Primetime Emmy Awards, hosted by "Law & Order: Special Victims Unit" star Mariska Hargitay, aired on Monday, Sept. 14.



"Law & Order: Special Victims Unit" star Mariska Hargitay hosts the 78th Primetime Emmy Awards on Mon, Sept. 14. She opened the show with a musical number.
PHOTO COURTESY OF VARIETY.

The Emmys broadcast always provides fantastic and historic pop culture moments. This year, it included records broken, a plethora of celebrity speeches like Michael J. Fox's and comedian John Mulaney's censored joke that is stirring conversation.

The show opened with a musical number from Hargitay before getting into the first award presented by Amy Poehler.

Here are some highlights of the night.

Reality Competition Program: "The Traitors"

Comedian John Mulaney not only announced the next award but delivered a memorable speech surrounding men not having the spotlight in television, which became one of the most sensational moments of the night — maybe too hilariously shocking for the network to handle.

"Since the creation of television, men have been historically underrepresented," Mulaney said.

He then went on to even crack jokes at the assortment of roles in the lineup of awards, mocking that there wasn't much variety. However, the line that topped it all off was a raunchy joke that seemed to be too much for the network to handle.

"I believe it was DJ Khaled who said, 'Real men don't go down on their wives.' But these nominees know that that is B.S. They know there's often less pressure on them if they do that first," Mulaney said.

Naturally, this line was censored by the network but made the moment even more remarkable.

After this, he announced Lead Actor in a Drama Series, which went to Noah Wyle in "The Pitt."

Supporting Actor in Drama Series: Tom Pelphrey, "Task"

The show presented an interim skit starring Hargitay and Taylor Swift before continuing awards, answering the question of whether Swift would attend the ceremony. The skit was filmed in advance because Swift was at her husband Travis Kelce's football game in Kansas City, Mo.

Lead Actress in a Comedy Series: Sally Field, "Remarkably Bright Creatures"

Field used her acceptance speech to call attention to current political issues revolving around President Donald Trump's administration and Paramount's plan to merge with Warner Bros.

"The arts matter, our voices matter, our diversity, our unique storytelling matters," she said. "We cannot let those voices be silenced or compromised or merged."

Lead Actor in a Comedy Series: Matthew Rhys, "Widows Bay"

Rhys made Emmy history as the first actor to win Lead Actress twice in the same year.

Bob Hope Humanitarian Award: Michael J. Fox

Next, actor Julianna Margulies presented the Bob Hope Humanitarian Award to Michael J. Fox for his advocacy for people with Parkinson's disease. Fox delivered an emotional speech about his relationship with his career and family while living with his diagnosis.

"I understood that accepting Parkinson's didn't mean I had to surrender to it. It just meant doing whatever I could for people living with this disease. So, I set out to advocate for patients' needs," Fox said, receiving a standing ovation.

Tributes and broken records

Before the last award, country singer Reba McEntire performed a heartwarming tribute to country icon Dolly Parton who died last month.

Singer Noah Kahan also performed to honor "greatness lost" this year for other admirable celebrities that passed.

The awards closed with "Widows Bay" winning Best Comedy Series, finishing with an outstanding six Emmys won during the broadcast and 14 overall, breaking the record for a comedy series.